

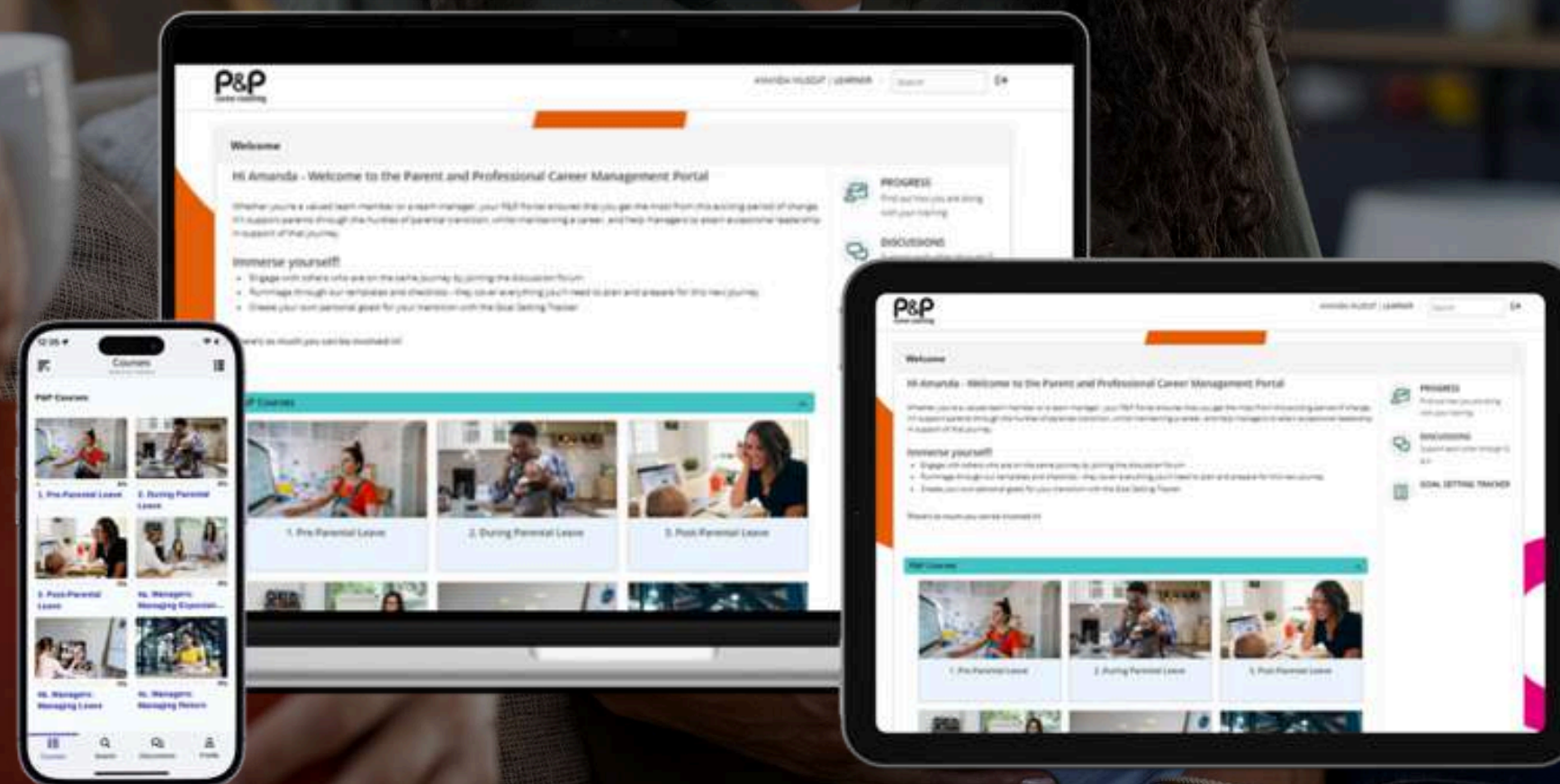


PARENT & PROFESSIONAL

Nurturing an inclusive family-friendly working culture

Parental Transition Career Management Learning Portal

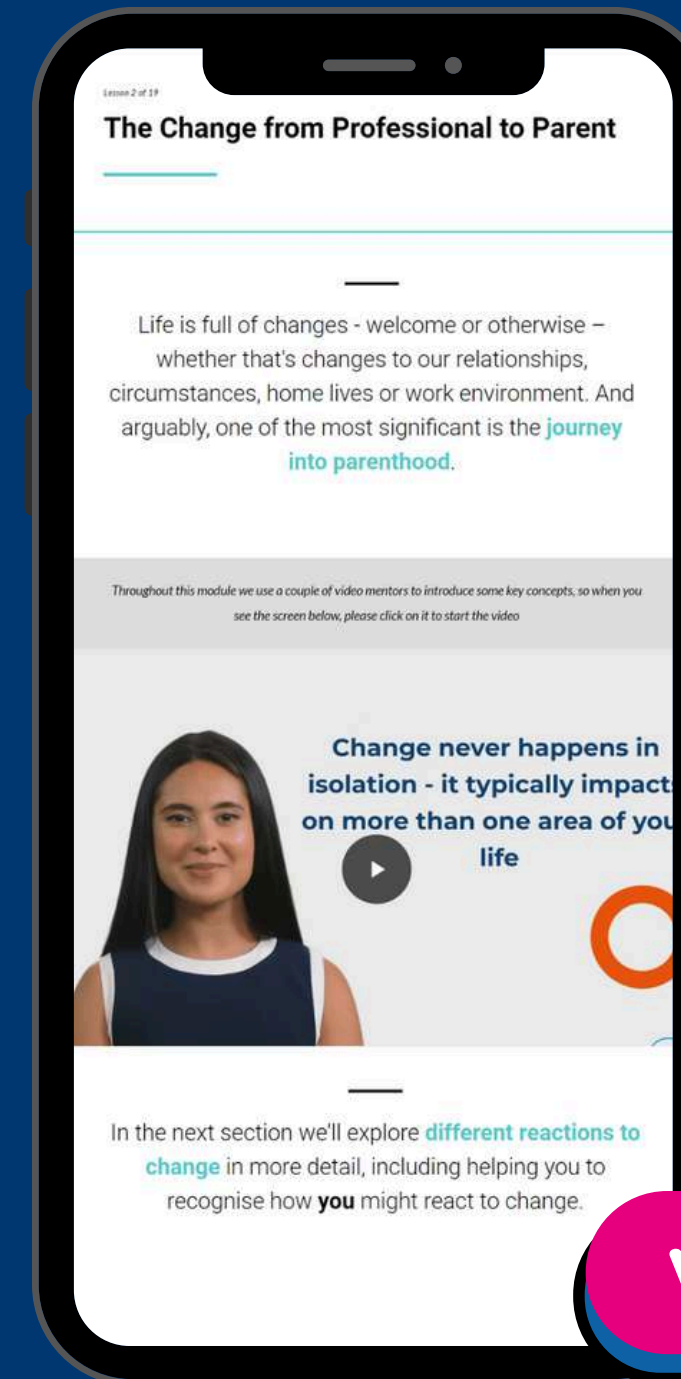
www.parentandprofessional.co.uk



Support your talent through the parental transition and return to work

Becoming a parent marks a pivotal moment in an employee's life journey, and ensuring they feel recognised and supported is crucial.

By providing support during this major life transition, both prospective parents and their managers are positioned for sustainable work/family balance and career success, as this new exciting chapter unfolds.



P&P
career coaching

Cost-effective and scalable e-learning solution

The parental transition portal is a global solution designed to support both employees and their managers through the entire parental transition journey, from pre-leave to during leave and returning to work.

Our state-of-the-art online platform features AI mentors, interactive e-learning content and works seamlessly with our coaching services to offer a blended learning experience. It can also be used independently as a standalone learning solution.

www.parentandprofessional.co.uk



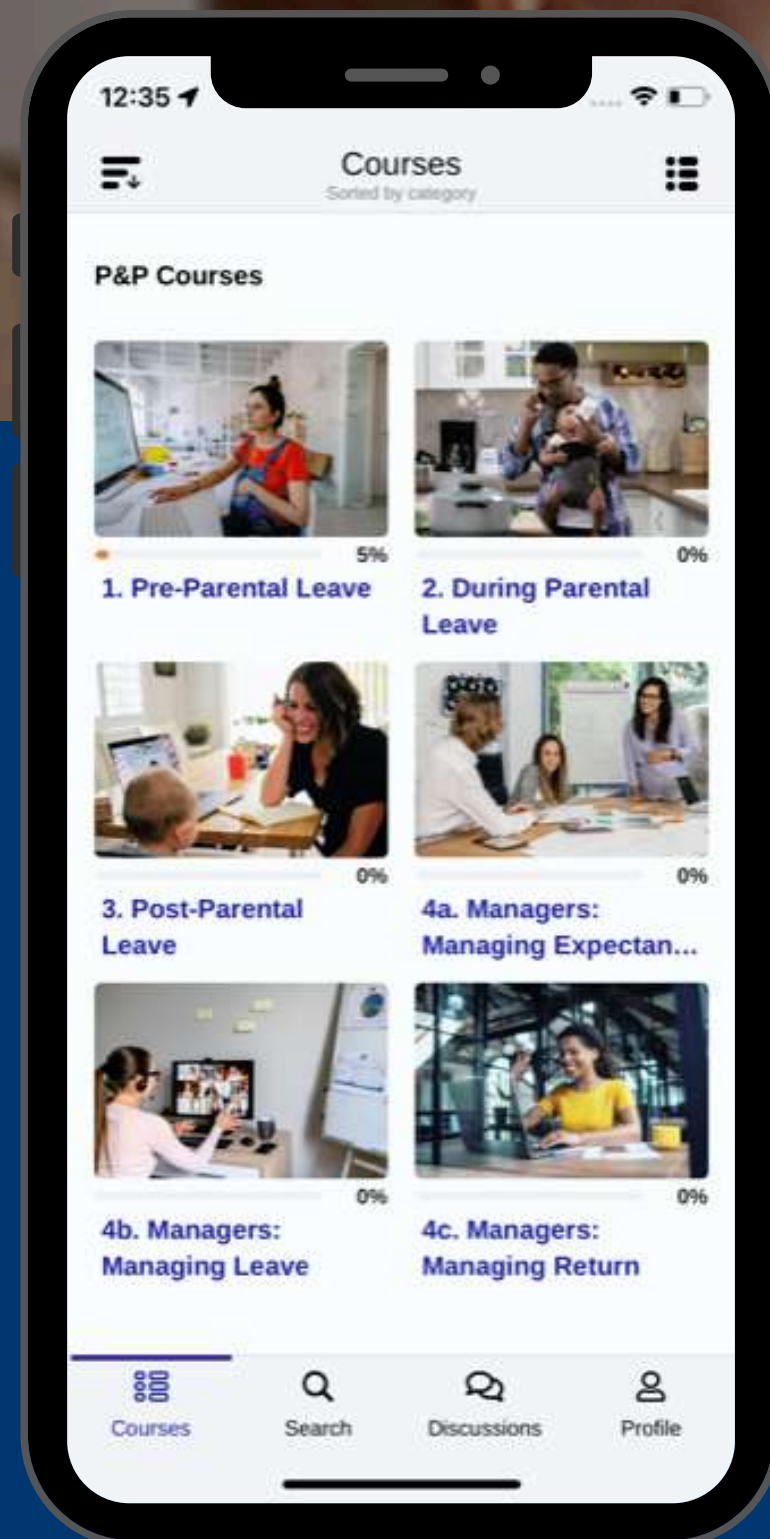
Benefits of the online portal

VIEW DEMO

P&P
career coaching

www.parentandprofessional.co.uk

- A CPD certified, cost-effective and globally scalable solution that boosts health and wellbeing
- Leverages cutting-edge AI technology and AI mentors
- Acknowledges and rewards employee dedication and commitment to personal and professional growth
- Representative of all family situations – whether your employees are mums, dads, adopting, primary or secondary caregivers
- Fosters a growth mindset which contributes to a healthy and progressive culture
- Encourages self-directed learning, which enables individuals to learn at their own time and pace
- Contains audio and video content for easy learning, provides practical tips and downloads
- Caters to all 4 learning styles: auditory, visual, read/write and kinesthetic - ensuring effective learning experiences for everyone
- Complements other learning – coaching or attending workshops and webinars for example

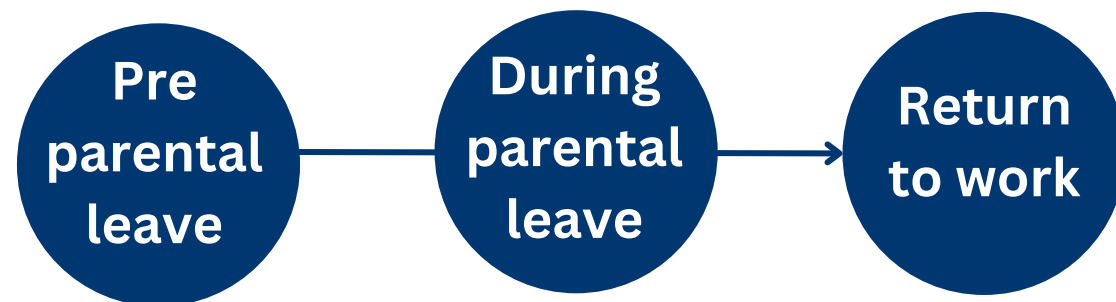


Drive talent retention by facilitating a smooth return-to-work process

VIEW DEMO

Modules for new parents

The portal offers a comprehensive suite of resources designed to support your employees as they navigate the exciting yet challenging journey from professional life to parenthood and back.



www.parentandprofessional.co.uk



VIEW DEMO

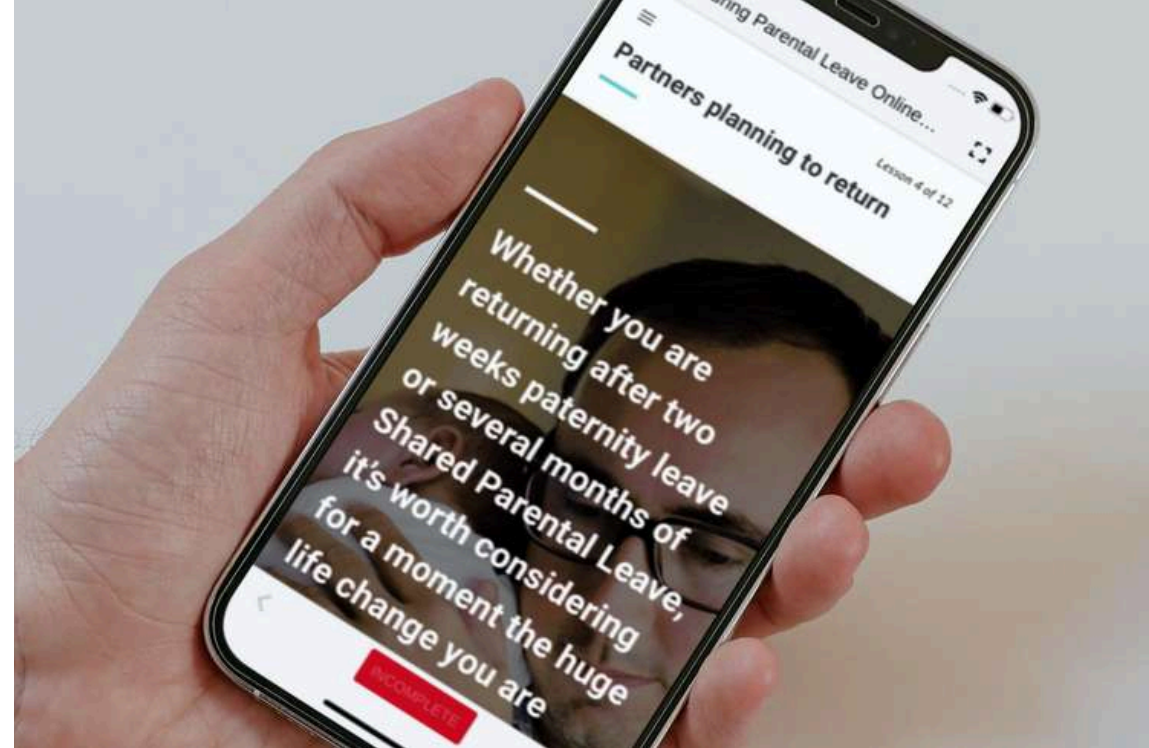
New parent support

Pre-parental leave

Expectant parents join the portal to navigate the journey of expectancy alongside a career. This module offers guidance, tips and tools to support the transition at work from professional to parent. It helps employees:

- Prepare for transition
- Maintain confidence
- Strengthen relationships
- Create a handover plan
- Set up a support network
- Build a 'Keeping in Touch' plan

www.parentandprofessional.co.uk



During parental leave

Guides parents through practical and emotional aspects of early stage re-connection with work to ensure confidence remains high and health and wellbeing is prioritised: It helps employees:

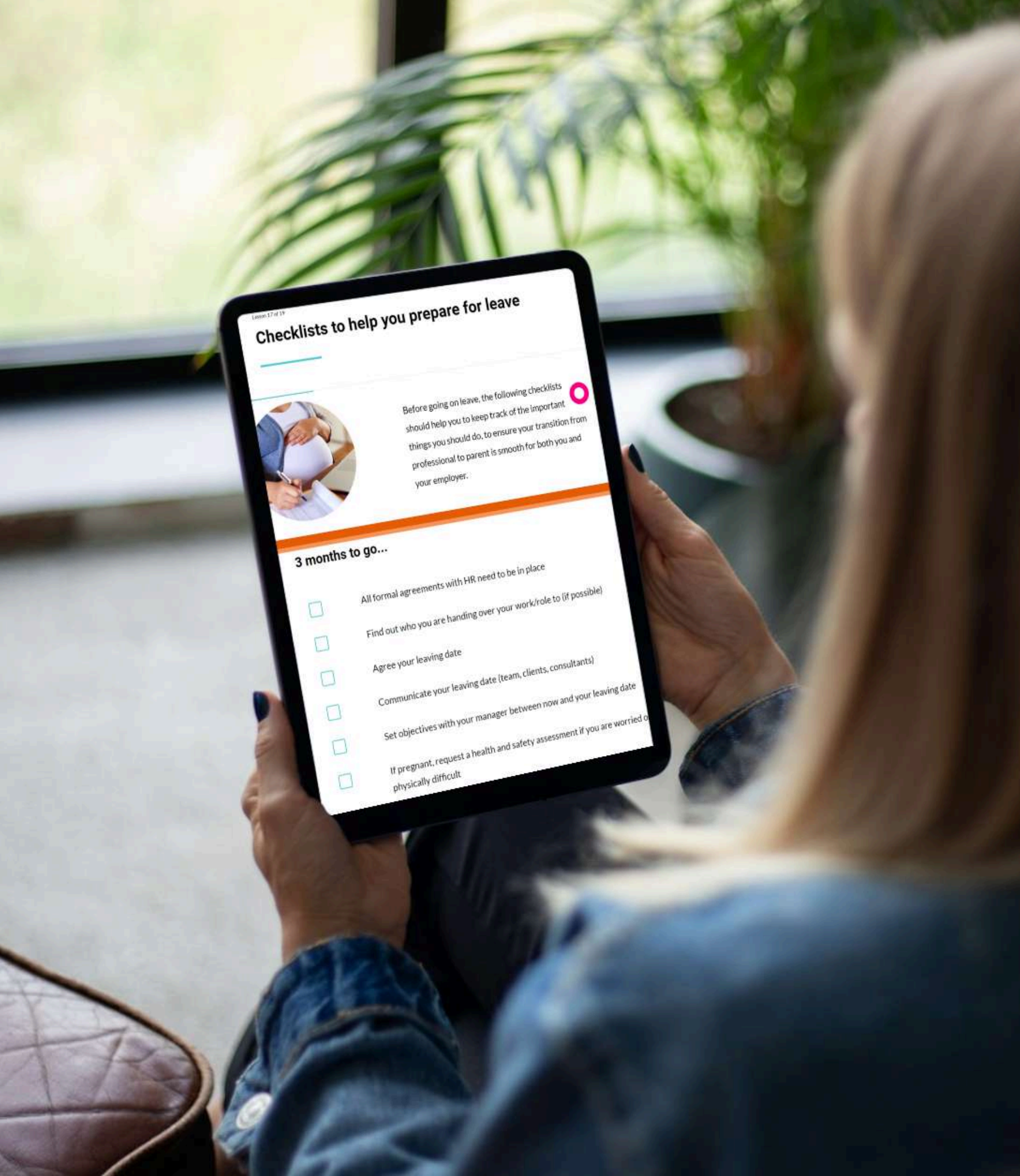
- Reconnect with their professional selves
- Follow their keeping in touch plans
- Plan ahead for an easier return to work
- Tackle potential emotional barriers and challenges head-on



Post-parental leave

Supports the return to work from an emotional and practical perspective, harnessing the positives of time on leave. It helps employees:

- Positively identify and manage challenging emotions
- Prioritise health and wellbeing
- Assess and improve work/family balance
- Create a re-integration plan
- Re-build relationships
- Create flexibility for long-term sustainability
- Feel positive about career progression



”

“Good mix of information, videos, case studies and signposting to external resources. I liked the range of external resources and articles signposted too, very informative. Overall I liked the fact that P&P coaches are all speaking from personal experience as parents and are relatable”

Employee feedback

VIEW DEMO



Modules for managers

The portal offers a comprehensive suite of resources designed to support your managers to develop leadership skills whilst creating a family-friendly culture. From 'just-in-time' checklists to in-depth case studies, this is a comprehensive leadership development solution.



www.parentandprofessional.co.uk



[VIEW DEMO](#)

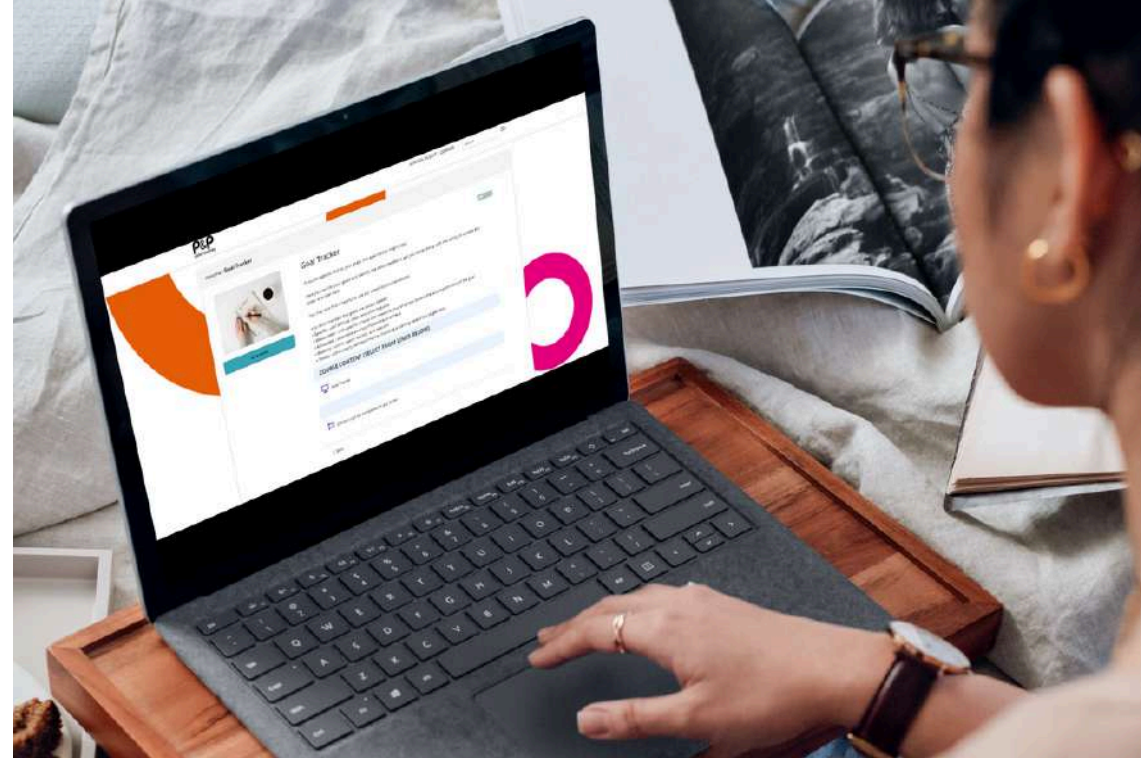
Manager support

Managing expectancy

Managers have access to their own modules, which focus on concise, just-in-time support for those who need to know how to best support a team member through their expectancy. This module:

- Highlights essential do's and don'ts for managing expectant parents
- Increases awareness of supporting health and wellbeing during expectancy
- Gives practical tips around how to plan for handover, cover and keeping in touch

www.parentandprofessional.co.uk



Managing leave

Designed for managers supporting team members during parental leave, this module focuses on preparing for the return stage and dealing with unexpected changes. This module:

- Highlights essential do's and don'ts for managing employees on leave
- Equips managers to handle unexpected changes during the leave period effectively
- Provides insights into the experience of how it feels to be on parental leave



Managing return

In this final module, managers learn how to support employees returning from parental leave, covering planning, flexibility, performance management, and fostering a supportive environment. This module:

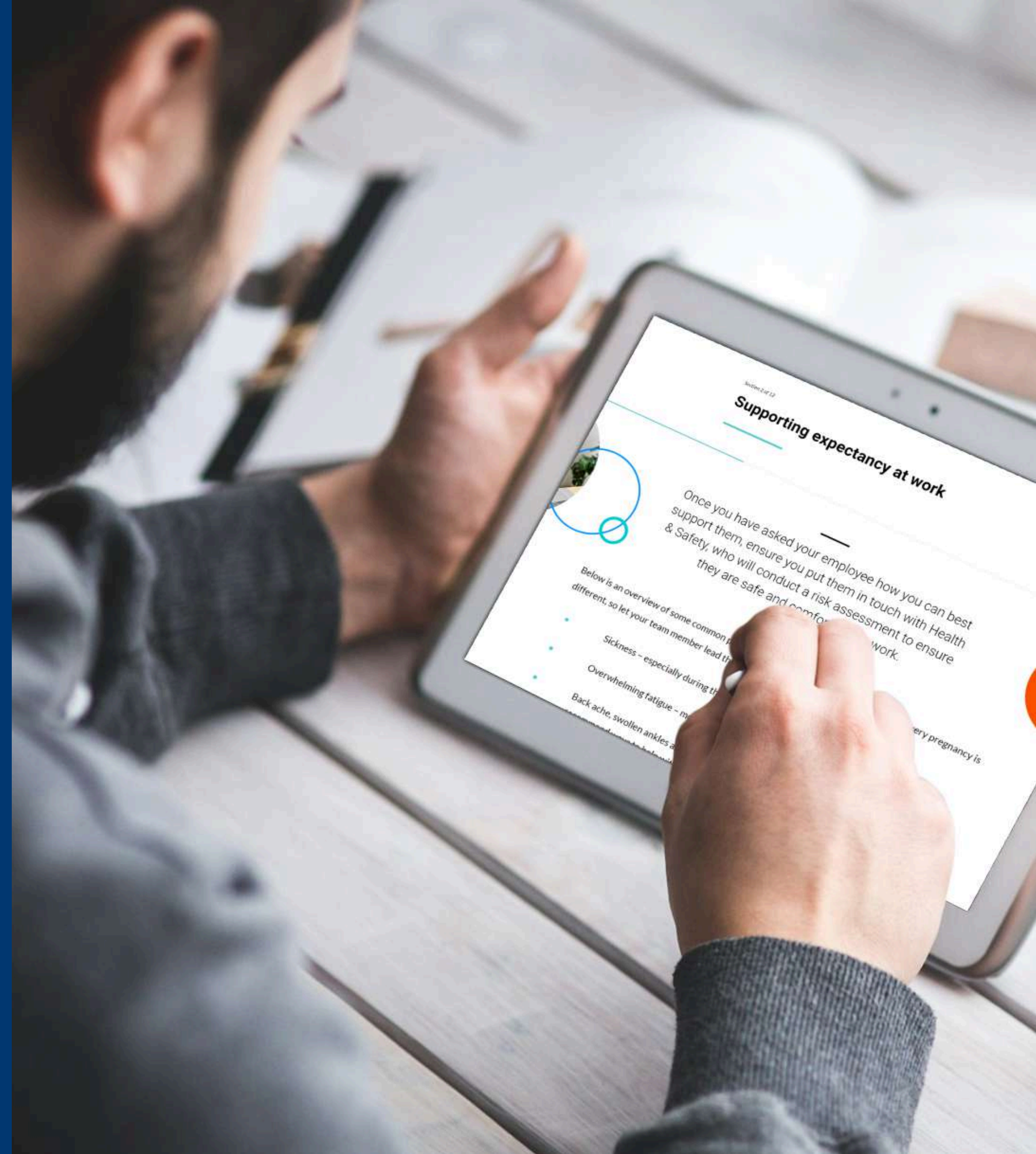
- Highlights essential do's and don'ts for managing the reintegration
- Guides managers in planning the return and supporting requests for flexibility
- Provides strategies for managing expectations, performance, and potential challenges upon return

”

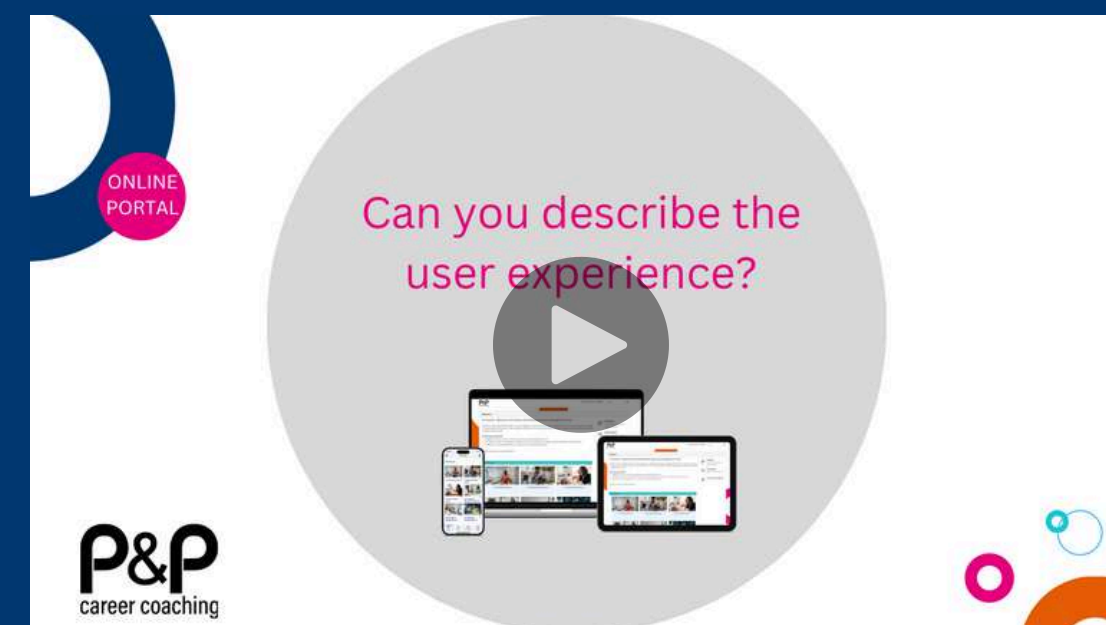
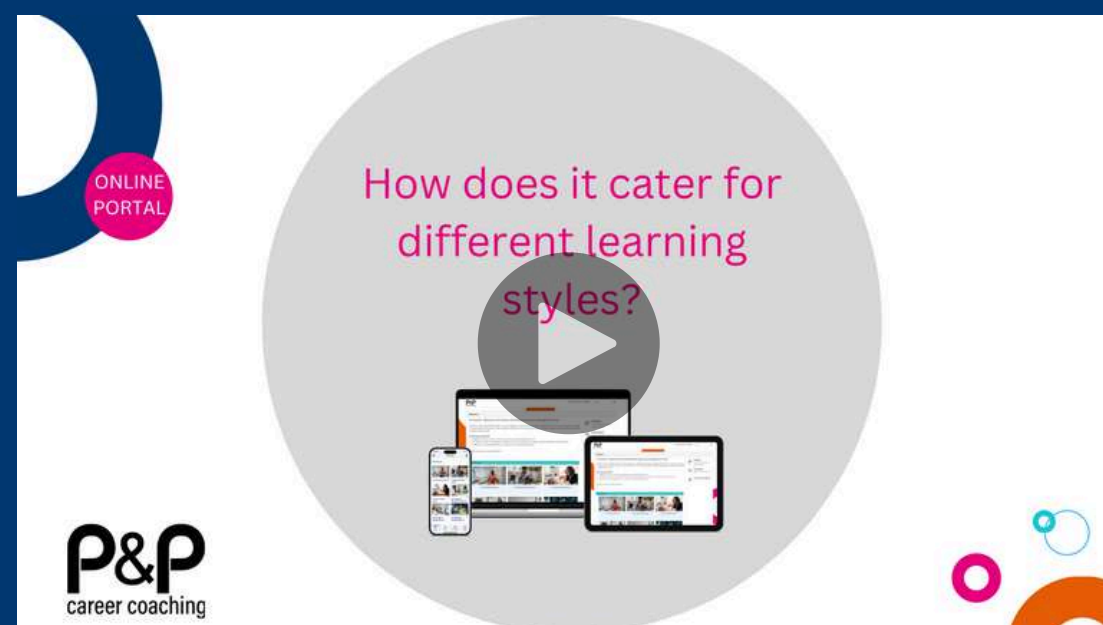
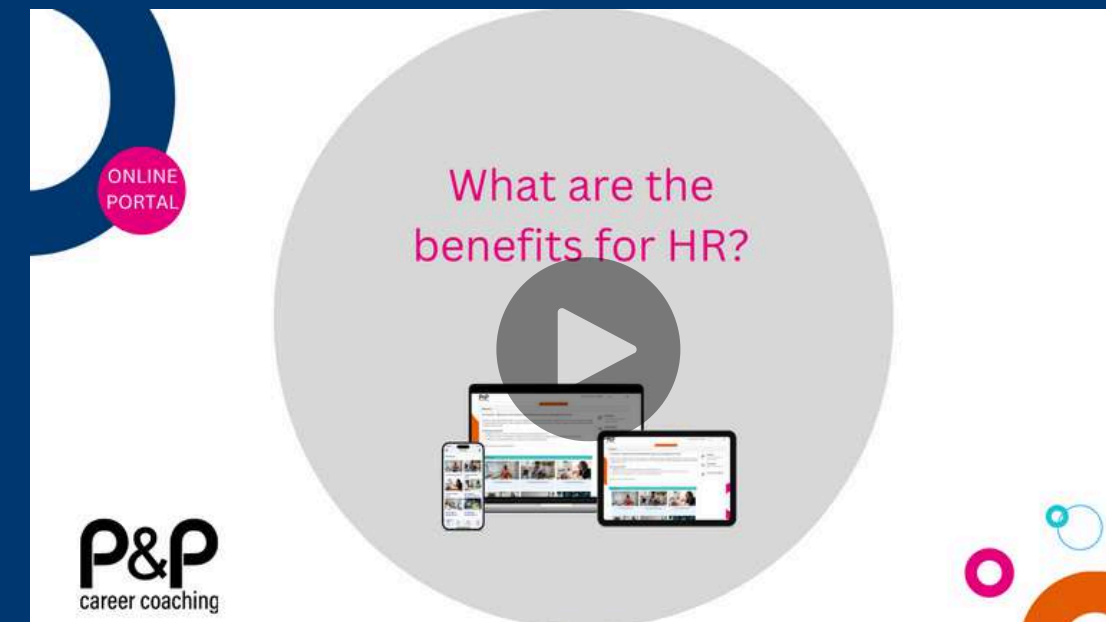
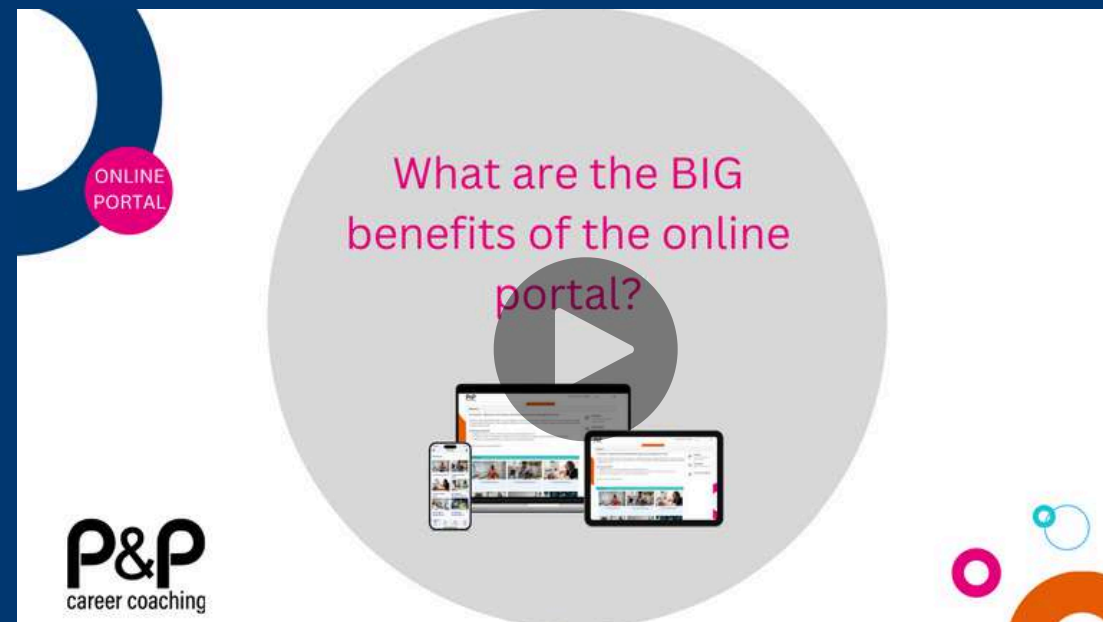
“Good range of topics and use of personal stories and different scenarios. Really liked the approach of the manager trying to put themselves into the shoes of the parent and really understanding how they must be feeling.”

Manager feedback

VIEW DEMO



Let's answer some of your questions



Get in touch for a live a demo

Contact us

P&P
career coaching

www.parentandprofessional.co.uk
[@parent-and-professional](https://www.instagram.com/parent-and-professional)

